



YOGA LIFE SOCIETY PROGRAMS



YOGA
LIFE
SOCIETY

JULY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Always check www.yogalifesociety.com for the most up to date schedule			YLS Yoga with Deep Relaxation at Elevate Yoga 9am			
				1	2	3
4	5	6	YLS Yoga with Deep Relaxation at Satsang at Starseed Yoga 7pm	7	8	9
10						
Guru Poornima 11am Riverdale Senior Center			YLS Yoga with Deep Relaxation at Elevate Yoga 9am			
11	12	13	14	15	16	17
			YLS Yoga with Deep Relaxation at Elevate Yoga 9am			
18	19	20	21	22	23	24
Guru Poornima in Honor of Sri Swami Satchidananda 4pm Fairlawn IYI			YLS Yoga with Deep Relaxation at Elevate Yoga 9am			
25	26	27	28	29	30	31

For detailed program info visit www.yogalifesociety.com/SatsangCurrentSchedule.html