

## The Difference Between the Integral Yoga Yantra and the YLS Logo

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Many people think the YLS Logo is a Yantra (literally, device machine, or instrument) due to its divine, vibrational qualities. However, although this logo has yantric vibrations, it is not a yantra in the classical sense. Physically, a traditional yantra is composed of the following shapes: a bindu or central dot, a circle, one or two triangles, a square and lastly, lotus petals.

The Integral Yoga Yantra has these elements and therefore possesses the same vibrational power as a mantra. A mantra is composed of sound vibrations. A yantra is composed of geometric shapes. Sound and shape are intimately connected and related. The bindu is the first moment of creation. The triangles are the merging of



masculine qualities (Siva, or yang) and feminine qualities (Shakti or yin). More importantly, they express the interconnectedness and interdependence of Siva and Shakti. They also form six triangles: the five senses and the mind. But before, you even get to the triangles, you will see that there are the three rings which symbolize the three foundation qualities of nature (the gunas).

This yantra radiates the power of creation itself. It has the ability to adapt to the faith and understanding of the seeker. Therefore, it can represent any name or form of God as well as being a form of God itself.

For a more detailed description of this Yantra, please go to [http://www.iyiny.org/about/the\\_meaning\\_of\\_the\\_yantra](http://www.iyiny.org/about/the_meaning_of_the_yantra).

By contrast, the YLS logo is made up of six circles, although we only see half of each circle. These half circles intersect with each other, giving the appearance of six petals. The six circles represent the six branches of Yoga: Hatha, Bhakti, Karma, Jnana, Raja, Japa. Each branch, represented by a circle, is complete in and of itself. But the circles intersect, showing that the different branches belong together as a family - a holistic practice of Yoga. The fact that you can't see the entire circle means that the benefits and power of each branch of Yoga is beyond the understanding of the mind.

The colors represent the following: red, Earth and blue, Spirit. Together they make purple, the royal color, a blend of heaven and earth. Additionally, Hindu thought often mentions the three worlds: the sky (or heaven) and the earth, and finally, what's in between. The deeper understanding is that there is spirit: existence/ consciousness that is the sky (or heaven), and prakriti, the earth/matter. What's between is the human being. So, the purple represents us in our most basic way: the meeting of heaven and earth, nature and spirit. We are creation, evolving to realize our oneness with the Creator and the creation.



Finally, if you look carefully at the center, you see that the OM is surrounded by the same two triangles that are in the yantra. It's just that the sides are curved. The OM at the center represents the same thing as the bindu. The bindu is the shape; OM is the sound vibration of that shape. They are really one and the same. The colors radiate out showing that everything in Yoga - and in spiritual life - comes from the same source.